

Lundi , 03.07

12:15 - 12:45

P.I.I.T
Renate

18:10 - 19:05

Pump
Marina

19:15 - 20:10

Functional Workout
Nadine

Mardi , 04.07

09:00 - 09:55

Yoga
Laura

12:10 - 13:05

Pump
Saskia

18:00 - 18:55

Pilates
Geneviève

19:05 - 20:00

Functional Workout
Vanessa

Mercredi , 05.07

08:45 - 09:40

*BBP (Bauch, Beine, Po) /
Bodytone*
Angelica

09:50 - 10:45

Rückenfit
Angelica

19:05 - 20:00

Power Yoga
Sandra

Jeudi , 06.07

09:30 - 10:25

Pilates
Geneviève

18:00 - 18:55

*BBP (Bauch, Beine,
Po) / Bodytone*
Natalie

19:05 - 20:00

Pump
Cristian

20:10 - 21:05

Zumba
Dominique

Vendredi , 07.07

09:15 - 10:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Saskia

Samedi , 08.07

Dimanche , 09.07

10:00 - 10:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Fabienne