

### Lundi , 24.03

<b>09:00 - 09:55</b> Yoga Laura	<b>10:05 - 11:00</b> Upcon Melanie	<b>18:00 - 18:55</b> BBP (Bauch, Beine, Po) / Bodytone Ariane	<b>19:10 - 20:05</b> TRX Patrizia
---------------------------------------	--	---	---

### Mardi , 25.03

<b>09:00 - 09:55</b> Interval Training Ariane	<b>10:10 - 11:05</b> Rückenfit Isabel	<b>18:30 - 19:25</b> Pump Petra
---	---	---------------------------------------

### Mercredi , 26.03

<b>09:00 - 09:55</b> Zumba Sibylle	<b>10:10 - 11:05</b> Cycling Hartwig	<b>18:00 - 18:55</b> Step'n Tone Graziella	<b>19:05 - 20:00</b> Cycling Manuel
--	--	--	---

### Jeudi , 27.03

<b>09:00 - 09:55</b> BBP (Bauch, Beine, Po) / Bodytone Ariane	<b>10:10 - 11:05</b> Yoga Isabel	<b>18:00 - 18:55</b> Muscle Work Graziella	<b>19:05 - 20:00</b> Power Yoga Elissa
---	--	--	--

### Vendredi , 28.03

<b>08:50 - 09:20</b> P.I.I.T Melanie	<b>09:30 - 10:00</b> Simply Core Melanie	<b>10:10 - 11:05</b> Rückenfit Isabel
--	--	---

### Samedi , 29.03

<b>10:00 - 10:55</b> Zumba Deniz	<b>11:10 - 12:05</b> BBP (Bauch, Beine, Po) / Bodytone Ariane
--	---

### Dimanche , 30.03

<b>09:30 - 10:25</b> Cycling Sandra	<b>10:35 - 11:30</b> BBP (Bauch, Beine, Po) / Bodytone Ariane
---	---