

### Lundi , 10.03

#### 18:00 - 18:55

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Ariane

### Mardi , 11.03

#### 09:00 - 09:55

*Interval Training*  
Ariane

#### 10:10 - 11:05

*Rückenfit*  
Isabel

#### 18:30 - 19:25

*Pump*  
Petra

### Mercredi , 12.03

#### 09:00 - 09:55

*Zumba*  
Nicholay

#### 10:10 - 11:05

*Cycling*  
Carlo

#### 19:05 - 20:00

*Cycling*  
Manuel

### Jeudi , 13.03

#### 09:00 - 09:55

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Ariane

#### 10:10 - 11:05

*Yoga*  
Isabel

#### 18:00 - 18:55

*Muscle Work*  
Graziella

### Vendredi , 14.03

#### 08:50 - 09:20

*P.I.I.T*  
Melanie

#### 09:30 - 10:00

*Simply Core*  
Melanie

#### 10:10 - 11:05

*Rückenfit*  
Isabel

#### 18:00 - 18:55

*Cycling*  
Oline

### Samedi , 15.03

#### 10:00 - 10:55

*Zumba*  
Deniz

#### 11:10 - 12:05

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Ariane

### Dimanche , 16.03

#### 09:30 - 10:25

*Cycling*  
Manuel

#### 10:35 - 11:30

*Muscle Work*  
Graziella