

Lundi , 30.09

09:00 - 09:55 Yoga Laura	10:05 - 11:00 Pump Jacqueline	18:00 - 18:55 BBP (Bauch, Beine, Po) / Bodytone Ariane
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Mardi , 01.10

09:00 - 09:55 BBP (Bauch, Beine, Po) / Bodytone Ariane	10:10 - 11:05 Rückenfit Isabelle	18:30 - 19:25 Pump Graziella	18:30 - 19:25 Pump Graziella
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Mercredi , 02.10

18:00 - 18:55 Step'n Tone Graziella	19:05 - 20:00 Cycling Barbara
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Jeudi , 03.10

09:00 - 09:55 BBP (Bauch, Beine, Po) / Bodytone Ariane	10:10 - 11:05 Yoga Isabelle	18:00 - 18:55 TRX Graziella	19:05 - 20:00 Power Yoga Elissa
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Vendredi , 04.10

10:10 - 11:05 Rückenfit Isabelle

Samedi , 05.10

10:00 - 10:55 Zumba Deniz	11:10 - 12:05 BBP (Bauch, Beine, Po) / Bodytone Ariane
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Dimanche , 06.10

09:30 - 10:25 Cycling Barbara	10:35 - 11:25 BBP (Bauch, Beine, Po) / Bodytone Ariane
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