

Lundi , 26.08

09:00 - 09:55 Yoga Laura	10:05 - 11:00 Upcon Melanie	18:00 - 18:55 BBP (Bauch, Beine, Po) / Bodytone Ariane
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Mardi , 27.08

09:00 - 09:55 BBP (Bauch, Beine, Po) / Bodytone Ariane	10:10 - 11:05 Rückenfit Isabel	18:30 - 19:25 Pump Graziella
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Mercredi , 28.08

09:00 - 09:55 Zumba Sibylle	10:10 - 11:05 Cycling Carlo	19:05 - 20:00 Cycling Barbara
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Jeudi , 29.08

09:00 - 09:55 BBP (Bauch, Beine, Po) / Bodytone Ariane	10:10 - 11:05 Yoga Isabel	18:00 - 18:55 TRX Melanie	19:05 - 20:00 Power Yoga Elissa
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Vendredi , 30.08

08:50 - 09:20 P.I.I.T Melanie	09:30 - 10:00 Simply Core Melanie	10:10 - 11:05 Rückenfit Isabel
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Samedi , 31.08

10:00 - 10:55 Zumba Deniz	11:10 - 12:05 BBP (Bauch, Beine, Po) / Bodytone Ariane
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Dimanche , 01.09

09:30 - 10:25 Cycling Barbara	10:40 - 11:35 Dance Aerobic / Dance Mix Ariane
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