

Lundi , 01.07

09:00 - 09:55

Yoga
Laura

10:05 - 11:00

Upcon
Melanie

18:00 - 18:55

BBP (Bauch, Beine, Po) /
Bodytone
Ariane

Mardi , 02.07

09:00 - 09:55

BBP (Bauch, Beine, Po) /
Bodytone
Ariane

10:10 - 11:05

Rückenfit
Isabelle

18:30 - 19:25

Pump
Graziella

Mercredi , 03.07

09:00 - 09:55

Zumba
Sibylle

18:00 - 18:55

BBP (Bauch, Beine, Po) /
Bodytone
Tea

19:00 - 19:55

Cycling
Raymond

Jeudi , 04.07

09:00 - 09:55

BBP (Bauch, Beine, Po) /
Bodytone
Ariane

10:10 - 11:05

Yoga
Isabelle

19:05 - 20:00

Power Yoga
Elissa

Vendredi , 05.07

08:50 - 09:20

P.I.I.T
Melanie

09:30 - 10:00

Simply Core
Melanie

10:10 - 11:05

Rückenfit
Isabelle

Samedi , 06.07

10:00 - 10:55

Zumba
Deniz

11:10 - 12:05

BBP (Bauch, Beine, Po) /
Bodytone
Ariane

Dimanche , 07.07