

Lundi , 06.05

09:00 - 09:55

Yoga
Laura

10:05 - 11:00

Upcon
Melanie

18:00 - 18:55

BBP (Bauch, Beine, Po) /
Bodytone
Ariane

Mardi , 07.05

09:00 - 09:55

BBP (Bauch, Beine, Po) /
Bodytone
Ariane

10:10 - 11:05

Rückenfit
Isabelle

18:30 - 19:25

Pump
Graziella

Mercredi , 08.05

09:00 - 09:55

Zumba
Sibylle

10:10 - 11:05

Cycling
Carlo

18:00 - 18:55

BBP (Bauch, Beine, Po) /
Bodytone
Tea

Jeudi , 09.05

Vendredi , 10.05

08:50 - 09:20

P.I.I.T
Melanie

09:30 - 10:00

Simply Core
Melanie

10:10 - 11:05

Rückenfit
Laura

Samedi , 11.05

10:00 - 10:55

Zumba
Deniz

11:10 - 12:05

BBP (Bauch, Beine, Po) /
Bodytone
Ariane

Dimanche , 12.05

09:30 - 10:25

Cycling
Doris

10:40 - 11:35

BBP (Bauch, Beine, Po) /
Bodytone
Doris