

Lundi , 29.04

09:00 - 09:55 <i>Yoga</i> Laura	10:05 - 11:00 <i>Upcon</i> Melanie	18:00 - 18:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Ariane
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Mardi , 30.04

09:00 - 09:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Ariane	10:10 - 11:05 <i>Rückenfit</i> Isabelle	18:30 - 19:25 <i>Pump</i> Graziella
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Mercredi , 01.05

19:00 - 20:25 <i>Cycling</i> Barbara

Jeudi , 02.05

09:00 - 09:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Ariane	18:00 - 18:55 <i>TRX</i> Graziella	19:05 - 20:00 <i>Power Yoga</i> Anja
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Vendredi , 03.05

08:50 - 09:20 <i>P.I.I.T</i> Melanie	09:30 - 10:00 <i>Simply Core</i> Melanie
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Samedi , 04.05

10:00 - 10:55 <i>Zumba</i> Deniz	11:10 - 12:05 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Ariane
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Dimanche , 05.05

09:30 - 10:25 <i>Cycling</i> Saskia	10:40 - 11:35 <i>Dance Aerobic / Dance Mix</i> Ariane
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