

Lundi , 19.02

09:00 - 09:55

Yoga
Laura

18:00 - 18:55

BBP (Bauch, Beine, Po) /
Bodytone
Ariane

Mardi , 20.02

09:00 - 09:55

BBP (Bauch, Beine, Po) /
Bodytone
Ariane

10:10 - 11:05

Rückenfit
Isabel

18:30 - 19:25

Pump
Graziella

Mercredi , 21.02

09:00 - 09:55

Zumba
Sibylle

10:10 - 11:05

Cycling
Carlo

18:00 - 18:55

BBP (Bauch, Beine, Po) /
Bodytone
Tea

Jeudi , 22.02

09:00 - 09:55

BBP (Bauch, Beine,
Po) / Bodytone
Ariane

10:10 - 11:05

Yoga
Isabel

18:00 - 18:55

TRX
Graziella

19:05 - 20:00

Power Yoga
Anja

Vendredi , 23.02

10:10 - 11:05

Rückenfit
Isabel

Samedi , 24.02

10:00 - 10:55

Zumba
Deniz

11:10 - 12:05

BBP (Bauch, Beine, Po) /
Bodytone
Ariane

Dimanche , 25.02

09:30 - 10:25

Cycling
Barbara

10:40 - 11:35

BBP (Bauch, Beine, Po) /
Bodytone
Graziella