

Lundi , 09.10

09:00 - 09:55 Yoga Theresa	10:05 - 11:00 Upcon Melanie	18:00 - 18:55 BBP (Bauch, Beine, Po) / Bodytone Ariane
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Mardi , 10.10

09:00 - 09:55 BBP (Bauch, Beine, Po) / Bodytone Ariane	10:10 - 11:05 Rückenfit Laura	18:00 - 18:55 TRX Graziella	19:00 - 19:55 Pump Graziella
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Mercredi , 11.10

09:00 - 09:55 Zumba Deniz	10:10 - 11:05 Cycling Carlo	18:00 - 18:55 BBP (Bauch, Beine, Po) / Bodytone Tea
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Jeudi , 12.10

09:00 - 09:55 BBP (Bauch, Beine, Po) / Bodytone Ariane	10:10 - 11:05 Yoga Laura	18:00 - 18:55 Power Yoga Neira	19:00 - 19:55 Cycling Manuel
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Vendredi , 13.10

08:50 - 09:20 P.I.I.T Melanie	09:30 - 10:00 Simply Core Melanie	10:10 - 11:05 Rückenfit Laura
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Samedi , 14.10

10:00 - 10:55 Zumba Deniz	11:10 - 12:05 BBP (Bauch, Beine, Po) / Bodytone Ariane
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Dimanche , 15.10

10:00 - 10:55 Cycling Barbara
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