

Lundi , 02.10

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| 09:00 - 09:55 Yoga Theresa | 10:05 - 11:00 Upcon Bianca | 18:00 - 18:55 BBP (Bauch, Beine, Po) / Bodytone Ariane |
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Mardi , 03.10

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| 09:00 - 09:55 BBP (Bauch, Beine, Po) / Bodytone Ariane | 10:10 - 11:05 Rückenfit Laura | 18:00 - 18:55 TRX Graziella | 19:00 - 19:55 Pump Graziella |
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Mercredi , 04.10

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| 09:00 - 09:55 Zumba Deniz | 10:10 - 11:05 Cycling Carlo | 18:00 - 18:55 BBP (Bauch, Beine, Po) / Bodytone Tea |
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Jeudi , 05.10

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| 09:00 - 09:55 BBP (Bauch, Beine, Po) / Bodytone Ariane | 10:10 - 11:05 Yoga Laura | 18:00 - 18:55 Power Yoga Neira | 19:00 - 19:55 Cycling Barbara |
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Vendredi , 06.10

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| 10:10 - 11:05 Rückenfit Laura |
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Samedi , 07.10

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| 10:00 - 10:55 Zumba Deniz | 11:10 - 12:05 BBP (Bauch, Beine, Po) / Bodytone Ariane |
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Dimanche , 08.10

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| 10:00 - 10:55 Cycling Laura |
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