

**Lundi , 25.09**

<b>09:00 - 09:55</b> Yoga Theresa	<b>10:05 - 11:00</b> Upcon Melanie	<b>18:00 - 18:55</b> BBP (Bauch, Beine, Po) / Bodytone Ariane	<b>19:00 - 19:55</b> Pump Graziella
---	--	---	---

**Mardi , 26.09**

<b>09:00 - 09:55</b> BBP (Bauch, Beine, Po) / Bodytone Ariane	<b>10:10 - 11:05</b> Rückenfit Isabel	<b>18:00 - 18:55</b> TRX Graziella
---	---	--

**Mercredi , 27.09**

<b>09:00 - 09:55</b> Zumba Sibylle	<b>10:10 - 11:05</b> Cycling Carlo	<b>18:00 - 18:55</b> BBP (Bauch, Beine, Po) / Bodytone Tea
--	--	--

**Jeudi , 28.09**

<b>09:00 - 09:55</b> BBP (Bauch, Beine, Po) / Bodytone Ariane	<b>10:10 - 11:05</b> Yoga Isabel	<b>18:00 - 18:55</b> Power Yoga Neira	<b>19:00 - 19:55</b> Cycling Barbara
---	--	---	--

**Vendredi , 29.09**

<b>08:50 - 09:20</b> P.I.I.T Melanie	<b>09:30 - 10:00</b> Simply Core Melanie	<b>10:10 - 11:05</b> Rückenfit Isabel
--	--	---

**Samedi , 30.09**

<b>10:00 - 10:55</b> Zumba Deniz	<b>11:10 - 12:05</b> BBP (Bauch, Beine, Po) / Bodytone Ariane
--	---

**Dimanche , 01.10**

<b>09:30 - 11:00</b> Cycling Barbara
--