

Lundi , 04.09

09:00 - 09:55 Yoga Theresa	10:05 - 11:00 Upcon Melanie	18:00 - 18:55 BBP (Bauch, Beine, Po) / Bodytone Ariane	19:00 - 19:55 Pump Graziella
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Mardi , 05.09

09:00 - 09:55 BBP (Bauch, Beine, Po) / Bodytone Ariane	10:10 - 11:05 Rückenfit Isabel	18:00 - 18:55 TRX Graziella
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Mercredi , 06.09

09:00 - 09:55 Zumba Sibylle	10:10 - 11:05 Cycling Manuel	18:00 - 18:55 BBP (Bauch, Beine, Po) / Bodytone Jette
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Jeudi , 07.09

09:00 - 09:55 BBP (Bauch, Beine, Po) / Bodytone Ariane	10:10 - 11:05 Yoga Isabel	18:00 - 18:55 Power Yoga Neira	19:00 - 19:55 Cycling Manuel
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Vendredi , 08.09

08:50 - 09:20 P.I.I.T Melanie	09:30 - 10:00 Simply Core Melanie	10:10 - 11:05 Rückenfit Isabel
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Samedi , 09.09

10:00 - 10:55 Zumba Deniz	11:10 - 12:05 BBP (Bauch, Beine, Po) / Bodytone Ariane
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Dimanche , 10.09

10:00 - 10:55 Cycling Laura
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