

Lundi , 21.08

09:00 - 09:55

Yoga
Theresa

10:05 - 11:00

Upcon
Melanie

19:00 - 19:55

Pump
Graziella

Mardi , 22.08

10:10 - 11:05

Rückenfit
Isabel

18:00 - 18:55

TRX
Graziella

Mercredi , 23.08

09:00 - 09:55

Zumba
Sibylle

10:10 - 11:05

Cycling
Carlo

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Jette

Jeudi , 24.08

10:10 - 11:05

Yoga
Isabel

18:00 - 18:55

Power Yoga
Neira

19:00 - 19:55

Cycling
Barbara

Vendredi , 25.08

08:50 - 09:20

P.I.I.T
Melanie

09:30 - 10:00

Simply Core
Melanie

10:10 - 11:05

Rückenfit
Isabel

Samedi , 26.08

10:00 - 10:55

Zumba
Pilar

11:10 - 12:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Saskia

Dimanche , 27.08

10:00 - 10:55

Cycling
Barbara