

### Lundi , 17.07

#### 18:00 - 18:55

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Ariane

#### 19:00 - 19:55

*Pump*  
Graziella

### Mardi , 18.07

#### 09:00 - 09:55

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Ariane

#### 10:10 - 11:05

*Rückenfit*  
Isabel

#### 18:00 - 18:55

*TRX*  
Graziella

### Mercredi , 19.07

#### 09:00 - 09:55

*Zumba*  
Sibylle

#### 10:10 - 11:05

*Cycling*  
Carlo

### Jeudi , 20.07

#### 09:00 - 09:55

*BBP (Bauch, Beine,  
Po) / Bodytone*  
Ariane

#### 10:10 - 11:05

*Yoga*  
Isabel

#### 18:00 - 18:55

*Power Yoga*  
Neira

#### 19:00 - 19:55

*BBP (Bauch, Beine,  
Po) / Bodytone*  
Tea

### Vendredi , 21.07

#### 08:50 - 09:20

*P.I.I.T*  
Naima

#### 09:30 - 10:00

*Simply Core*  
Naima

#### 10:10 - 11:05

*Rückenfit*  
Isabel

### Samedi , 22.07

#### 10:00 - 10:55

*Zumba*  
Sibylle

#### 11:10 - 12:05

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Ariane

### Dimanche , 23.07

#### 10:00 - 10:55

*Cycling*  
Barbara