

Lundi , 17.07

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Ariane

19:00 - 19:55

Pump
Graziella

Mardi , 18.07

09:00 - 09:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Ariane

10:10 - 11:05

Rückenfit
Isabel

18:00 - 18:55

TRX
Graziella

Mercredi , 19.07

09:00 - 09:55

Zumba
Sibylle

10:10 - 11:05

Cycling
Carlo

Jeudi , 20.07

09:00 - 09:55

*BBP (Bauch, Beine,
Po) / Bodytone*
Ariane

10:10 - 11:05

Yoga
Isabel

18:00 - 18:55

Power Yoga
Neira

19:00 - 19:55

*BBP (Bauch, Beine,
Po) / Bodytone*
Tea

Vendredi , 21.07

08:50 - 09:20

P.I.I.T
Naima

09:30 - 10:00

Simply Core
Naima

10:10 - 11:05

Rückenfit
Isabel

Samedi , 22.07

10:00 - 10:55

Zumba
Sibylle

11:10 - 12:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Ariane

Dimanche , 23.07

10:00 - 10:55

Cycling
Barbara