

### Lundi , 10.07

#### 09:30 - 10:25

*Upcon*  
Melanie

#### 19:00 - 19:55

*Pump*  
Franziska

### Mardi , 11.07

#### 09:00 - 09:55

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Ariane

### Mercredi , 12.07

#### 09:00 - 09:55

*Zumba*  
Sibylle

#### 10:10 - 11:05

*Cycling*  
Carlo

### Jeudi , 13.07

#### 09:00 - 09:55

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Ariane

#### 18:00 - 18:55

*Power Yoga*  
Neira

#### 19:00 - 19:55

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Tea

### Vendredi , 14.07

#### 08:50 - 09:20

*P.I.I.T*  
Melanie

#### 09:30 - 10:00

*Simply Core*  
Melanie

### Samedi , 15.07

#### 10:00 - 10:55

*Zumba*  
Lise

#### 11:10 - 12:05

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Ariane

### Dimanche , 16.07

#### 10:00 - 10:55

*Cycling*  
Barbara