

Lundi , 10.07

09:30 - 10:25

Upcon
Melanie

19:00 - 19:55

Pump
Franziska

Mardi , 11.07

09:00 - 09:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Ariane

Mercredi , 12.07

09:00 - 09:55

Zumba
Sibylle

10:10 - 11:05

Cycling
Carlo

Jeudi , 13.07

09:00 - 09:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Ariane

18:00 - 18:55

Power Yoga
Neira

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Tea

Vendredi , 14.07

08:50 - 09:20

P.I.I.T
Melanie

09:30 - 10:00

Simply Core
Melanie

Samedi , 15.07

10:00 - 10:55

Zumba
Lise

11:10 - 12:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Ariane

Dimanche , 16.07

10:00 - 10:55

Cycling
Barbara