

Lundi , 26.06

09:30 - 10:25

Upcon
Melanie

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Ariane

19:00 - 19:55

Pump
Graziella

Mardi , 27.06

09:00 - 09:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Ariane

10:10 - 11:05

Rückenfit
Isabel

18:00 - 18:55

TRX
Graziella

Mercredi , 28.06

09:00 - 09:55

Zumba
Sibylle

10:10 - 11:05

Cycling
Carlo

18:00 - 18:55

Pump
Cristian

Jeudi , 29.06

09:00 - 09:55

*BBP (Bauch, Beine,
Po) / Bodytone*
Ariane

10:10 - 11:05

Yoga
Isabel

18:00 - 18:55

Power Yoga
Neira

19:00 - 19:55

*BBP (Bauch, Beine,
Po) / Bodytone*
Tea

Vendredi , 30.06

08:50 - 09:20

P.I.I.T
Melanie

09:30 - 10:00

Simply Core
Melanie

10:10 - 11:05

Rückenfit
Isabel

Samedi , 01.07

10:00 - 10:55

Zumba
Deniz

11:10 - 12:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Ariane

Dimanche , 02.07

10:00 - 10:55

Cycling
Laura