

**Lundi , 12.06**

**09:30 - 10:25**

*Upcon*  
Melanie

**18:00 - 18:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Ariane

**19:00 - 19:55**

*Pump*  
Graziella

**Mardi , 13.06**

**09:00 - 09:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Ariane

**10:10 - 11:05**

*Rückenfit*  
Isabel

**18:00 - 18:55**

*TRX*  
Graziella

**Mercredi , 14.06**

**09:00 - 09:55**

*Zumba*  
Sibylle

**10:10 - 11:05**

*Cycling*  
Carlo

**18:00 - 18:55**

*Pump*  
Franziska

**Jeudi , 15.06**

**09:00 - 09:55**

*BBP (Bauch, Beine,  
Po) / Bodytone*  
Ariane

**10:10 - 11:05**

*Yoga*  
Isabel

**18:00 - 18:55**

*Power Yoga*  
Neira

**19:00 - 19:55**

*BBP (Bauch, Beine,  
Po) / Bodytone*  
Tea

**Vendredi , 16.06**

**08:50 - 09:20**

*P.I.I.T*  
Melanie

**09:30 - 10:00**

*Simply Core*  
Melanie

**10:10 - 11:05**

*Rückenfit*  
Isabel

**Samedi , 17.06**

**10:00 - 10:55**

*Zumba*  
Deniz

**11:10 - 12:05**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Ariane

**Dimanche , 18.06**

**10:00 - 10:55**

*Cycling*  
Barbara