

Lundi , 22.05

09:30 - 10:25

Upcon
Melanie

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Ariane

19:00 - 19:55

Pump
Graziella

Mardi , 23.05

09:00 - 09:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Ariane

18:00 - 18:55

TRX
Graziella

Mercredi , 24.05

09:00 - 09:55

Zumba
Deniz

18:00 - 18:55

Pump
Cristian

Jeudi , 25.05

09:00 - 09:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Ariane

18:00 - 18:55

Power Yoga
Neira

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Tea

Vendredi , 26.05

08:50 - 09:20

P.I.I.T
Melanie

09:30 - 10:00

Simply Core
Melanie

Samedi , 27.05

10:00 - 10:55

Zumba
Deniz

11:10 - 12:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Ariane

Dimanche , 28.05

10:00 - 10:55

Cycling
Barbara