

Lundi , 15.05

09:30 - 10:25

Upcon
Melanie

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Ariane

19:00 - 19:55

Pump
Graziella

Mardi , 16.05

09:00 - 09:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Ariane

10:10 - 11:05

Rückenfit
Isabel

18:00 - 18:55

TRX
Graziella

Mercredi , 17.05

09:00 - 09:55

Zumba
Sibylle

18:00 - 18:55

Pump
Cristian

Jeudi , 18.05

10:00 - 10:55

P.I.I.T Special
Melanie

Vendredi , 19.05

08:50 - 09:20

P.I.I.T
Bianca

09:30 - 10:00

Simply Core
Bianca

10:10 - 11:05

Rückenfit
Isabel

Samedi , 20.05

10:00 - 10:55

Zumba
Deniz

11:10 - 12:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Ariane

Dimanche , 21.05

10:00 - 10:55

Cycling
Barbara