

Lundi , 17.04

09:00 - 09:55 Yoga Elissa	10:10 - 11:05 Upcon Melanie	18:00 - 18:55 BBP (Bauch, Beine, Po) / Bodytone Ariane	19:00 - 19:55 Pump Graziella
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Mardi , 18.04

09:00 - 09:55 BBP (Bauch, Beine, Po) / Bodytone Ariane	10:10 - 11:05 Rückenfit Isabel	18:00 - 18:55 TRX Graziella	19:00 - 19:55 Step'n Tone Graziella
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Mercredi , 19.04

09:00 - 09:55 Zumba Sibylle	10:10 - 11:05 Cycling Carlo	18:00 - 18:55 Pump Cristian
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Jeudi , 20.04

09:00 - 09:55 BBP (Bauch, Beine, Po) / Bodytone Ariane	10:10 - 11:05 Yoga Isabel	18:00 - 18:55 Power Yoga Elissa	19:00 - 19:55 BBP (Bauch, Beine, Po) / Bodytone Tea
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Vendredi , 21.04

08:55 - 09:25 P.I.I.T Melanie	09:30 - 10:00 Simply Core Melanie	10:10 - 11:05 Rückenfit Isabel
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Samedi , 22.04

10:00 - 10:55 Zumba Pilar	11:10 - 12:05 BBP (Bauch, Beine, Po) / Bodytone Ariane
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Dimanche , 23.04

10:00 - 10:55 Cycling Barbara
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