

Lundi , 03.04

**09:00 - 09:55**

Yoga  
Elissa

**18:00 - 18:55**

BBP (Bauch, Beine, Po) /  
Bodytone  
Ariane

**19:00 - 19:55**

Pump  
Graziella

Mardi , 04.04

**09:00 - 09:55**

BBP (Bauch, Beine, Po) /  
Bodytone  
Ariane

**10:10 - 11:05**

Rückenfit  
Isabel

**18:00 - 18:55**

TRX  
Graziella

Mercredi , 05.04

**09:00 - 09:55**

Zumba  
Sibylle

**10:10 - 11:05**

Cycling  
Carlo

**18:00 - 18:55**

Pump  
Cristian

Jeudi , 06.04

**09:00 - 09:55**

BBP (Bauch, Beine,  
Po) / Bodytone  
Ariane

**10:10 - 11:05**

Yoga  
Isabel

**18:00 - 18:55**

Power Yoga  
Elissa

**19:00 - 19:55**

BBP (Bauch, Beine,  
Po) / Bodytone  
Tea

Vendredi , 07.04

**10:00 - 11:30**

BBP Special  
Graziella

Samedi , 08.04

**10:00 - 10:55**

Zumba  
Deniz

**11:10 - 12:05**

BBP (Bauch, Beine, Po) /  
Bodytone  
Ariane

Dimanche , 09.04