

**Lundi , 02.01**

<b>09:00 - 09:55</b> <i>Yoga</i> Mariya	<b>10:10 - 11:05</b> <i>Pump</i> Graziella	<b>18:00 - 18:55</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Jennifer
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**Mardi , 03.01**

<b>09:00 - 09:55</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Isabelle	<b>10:10 - 11:05</b> <i>Rückenfit</i> Isabel	<b>18:00 - 18:55</b> <i>TRX</i> Graziella	<b>19:00 - 19:55</b> <i>Step'n Tone</i> Graziella
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**Mercredi , 04.01**

<b>09:00 - 09:55</b> <i>Zumba</i> Deniz	<b>10:10 - 11:05</b> <i>Cycling</i> Carlo	<b>18:00 - 18:55</b> <i>Pump</i> Cristian
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**Jeudi , 05.01**

<b>10:10 - 11:05</b> <i>Yoga</i> Isabel	<b>18:00 - 18:55</b> <i>Power Yoga</i> Elissa
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**Vendredi , 06.01**

<b>08:50 - 09:20</b> <i>P.I.I.T</i> Melanie	<b>09:30 - 10:00</b> <i>Simply Core</i> Melanie	<b>10:10 - 11:05</b> <i>Rückenfit</i> Isabel
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**Samedi , 07.01**

<b>10:00 - 10:55</b> <i>Zumba</i> Pilar	<b>11:10 - 12:05</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Saskia
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**Dimanche , 08.01**