

Lundi , 26.12

Mardi , 27.12

**09:00 - 09:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Ariane

**18:00 - 18:55**

*TRX*  
Graziella

Mercredi , 28.12

**09:00 - 09:55**

*Zumba*  
Lise

**10:10 - 11:05**

*Cycling*  
Carlo

**18:00 - 18:55**

*Pump*  
Cristian

Jeudi , 29.12

**09:00 - 09:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Ariane

**18:00 - 18:55**

*Power Yoga*  
Isabelle

Vendredi , 30.12

Samedi , 31.12

**10:00 - 10:55**

*Zumba*  
Lise

**11:10 - 12:05**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Ariane

Dimanche , 01.01