

Lundi , 01.08

Mardi , 02.08

10:10 - 11:05

Rückenfit
Isabel

18:00 - 18:55

TRX
Anita

19:10 - 20:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Claudia

Mercredi , 03.08

09:00 - 09:55

Zumba
Lise

18:00 - 18:55

Pump
Graziella

Jeudi , 04.08

10:10 - 11:05

Yoga
Isabel

18:00 - 18:55

TRX
Anita

19:10 - 20:05

Power Yoga
Elissa

Vendredi , 05.08

10:10 - 11:05

Rückenfit
Mariya

Samedi , 06.08

10:00 - 10:55

Zumba
Silvio

11:10 - 12:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Ariane

Dimanche , 07.08

10:00 - 10:55

Cycling
Laura