

Lundi , 25.07

09:00 - 09:55

Yoga
Elissa

10:10 - 11:05

Pump
Isabel

Mardi , 26.07

10:10 - 11:05

Rückenfit
Isabel

18:00 - 18:55

TRX
Anita

19:10 - 20:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Tea

Mercredi , 27.07

09:00 - 09:55

Zumba
Lise

18:00 - 18:55

Pump
Franziska

Jeudi , 28.07

10:10 - 11:05

Yoga
Isabel

18:00 - 18:55

TRX
Anita

19:10 - 20:05

Power Yoga
Elissa

Vendredi , 29.07

10:10 - 11:05

Rückenfit
Isabel

Samedi , 30.07

10:00 - 10:55

Zumba
Lise

11:10 - 12:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Tea

Dimanche , 31.07

10:00 - 10:55

Cycling
Barbara