

Lundi , 27.06

09:00 - 09:55

Yoga
Elissa

10:10 - 11:05

Pump
Graziella

18:00 - 18:55

BBP (Bauch, Beine, Po) /
Bodytone
Ariane

Mardi , 28.06

09:00 - 09:55

BBP (Bauch, Beine,
Po) / Bodytone
Ariane

10:10 - 11:05

Rückenfit
Isabel

18:00 - 18:55

TRX
Patrizia

19:10 - 20:05

BBP (Bauch, Beine,
Po) / Bodytone
Tea

Mercredi , 29.06

09:00 - 09:55

Zumba
Sibylle

18:00 - 18:55

Pump
Graziella

Jeudi , 30.06

09:00 - 09:55

BBP (Bauch, Beine,
Po) / Bodytone
Ariane

10:10 - 11:05

Yoga
Isabel

18:00 - 18:55

TRX
Patrizia

19:10 - 20:05

Power Yoga
Elissa

Vendredi , 01.07

10:10 - 11:05

Rückenfit
Isabel

Samedi , 02.07

10:00 - 10:55

Zumba
Silvio

11:10 - 12:05

BBP (Bauch, Beine, Po) /
Bodytone
Ariane

Dimanche , 03.07

10:00 - 10:55

Cycling
Barbara