

Lundi , 21.04

Mardi , 22.04

09:10 - 10:05 <i>Muscle Work</i> Ursi	10:15 - 11:10 <i>Cycling</i> Antonietta	18:00 - 18:30 <i>P.I.I.T</i> Claude	19:00 - 19:55 <i>Yoga</i> Jiyeun	20:05 - 21:00 <i>Fitboxe</i> Marina
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Mercredi , 23.04

08:30 - 09:25 <i>Cycling</i> Silvana	09:35 - 10:30 <i>Rückenfit</i> Claudia	19:00 - 19:55 <i>Muscle Work</i> Kurt	20:05 - 21:00 <i>Yoga</i> Jiyeun
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Jeudi , 24.04

09:30 - 10:25 <i>Zumba</i> Marion	18:00 - 18:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Andrea	19:00 - 19:55 <i>Fitboxe</i> Karin
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Vendredi , 25.04

08:30 - 09:25 <i>Over 50</i> Silvana	09:35 - 10:30 <i>Pilates</i> Silvana	12:15 - 12:45 <i>P.I.I.T</i> Claude	17:50 - 18:45 <i>Zumba</i> Petra
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Samedi , 26.04

09:30 - 10:25 <i>Yoga</i> Nevin
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Dimanche , 27.04

10:30 - 11:25 <i>Muscle Work</i> Kurt
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