

Lundi , 05.08

19:15 - 20:10

Zumba
Petra

20:25 - 21:20

Pump
Ursi

Mardi , 06.08

09:10 - 10:05

Pump
Ursi

18:00 - 18:30

P.I.I.T
Claude

19:00 - 19:55

Powerstep
Petra

20:05 - 21:00

Fitboxe
Marina

Mercredi , 07.08

09:35 - 10:30

Rückenfit
Claudia

19:00 - 19:55

Pump
Kurt

20:10 - 21:05

Yoga
Nevin

Jeudi , 08.08

Vendredi , 09.08

08:30 - 09:25

Over 50
Silvana

09:35 - 10:30

Pilates
Silvana

12:15 - 12:45

P.I.I.T
Janina

17:50 - 18:45

Zumba
Petra

Samedi , 10.08

09:30 - 10:25

Yoga
Nevin

Dimanche , 11.08

10:30 - 11:25

Pump
Kurt