

### Lundi , 15.07

#### 09:15 - 10:10

*BBP (Bauch, Beine, Po) / Bodytone*  
Melanie

#### 18:05 - 19:00

*Pilates*  
Astrid

#### 19:15 - 20:10

*Zumba*  
Uriel

#### 20:25 - 21:20

*Pump*  
Ursi

### Mardi , 16.07

#### 09:10 - 10:05

*Pump*  
Ursi

#### 19:00 - 19:55

*Powerstep*  
Christina

#### 20:05 - 21:00

*Fitboxe*  
Melanie

### Mercredi , 17.07

#### 19:00 - 19:55

*Pump*  
Kurt

#### 20:10 - 21:05

*Yoga*  
Corinne

### Jeudi , 18.07

#### 18:00 - 18:55

*BBP (Bauch, Beine, Po) / Bodytone*  
Andrea

### Vendredi , 19.07

#### 08:30 - 09:25

*Over 50*  
Monika

#### 09:35 - 10:30

*Pilates*  
Monika

#### 17:50 - 18:45

*Zumba*  
Marion

### Samedi , 20.07

#### 09:30 - 10:25

*Yoga*  
Nadine

### Dimanche , 21.07

#### 10:30 - 11:25

*Pump*  
Kurt