

Lundi , 01.04

09:15 - 10:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Andrea

Mardi , 02.04

09:10 - 10:05

Pump
Ursi

10:15 - 11:10

Cycling
Walter

12:10 - 13:05

Cycling
Walter

18:00 - 18:30

P.I.I.T
Claude

19:00 - 19:55

Powerstep
Petra

20:05 - 21:00

Fitboxe
Marina

Mercredi , 03.04

09:35 - 10:30

Rückenfit
Claudia

19:00 - 19:55

Pump
Kurt

20:10 - 21:05

Yoga
Nevin

Jeudi , 04.04

09:30 - 10:25

Zumba
Marion

18:00 - 18:55

*BBP (Bauch, Beine,
Po) / Bodytone*
Corinne

19:00 - 19:55

Fitboxe
Melanie

20:15 - 21:10

Cycling
Antonietta

Vendredi , 05.04

08:30 - 09:25

Over 50
Silvana

09:35 - 10:30

Pilates
Silvana

12:15 - 12:45

P.I.I.T
Janina

17:50 - 18:45

Zumba
Petra

19:00 - 19:55

Cycling Special
Ivo

20:00 - 20:55

Cycling Special
Arlette

Samedi , 06.04

09:30 - 10:25

Yoga
Corinne

Dimanche , 07.04

09:10 - 10:05

Cycling
Arlette

10:30 - 11:25

Pump
Kurt