

Lundi , 01.01

Mardi , 02.01

**09:10 - 10:05**

*Pump*  
Nicole

**10:15 - 11:10**

*Cycling*  
Tanya

**18:00 - 18:30**

*P.I.I.T*  
Claude

**20:05 - 21:00**

*Fitboxe*  
Marina

Mercredi , 03.01

**08:30 - 09:25**

*Cycling*  
Brigitta

**09:35 - 10:30**

*Rückenfit*  
Claudia

**19:00 - 19:55**

*Pump*  
Kurt

**20:10 - 21:05**

*Yoga*  
Nevin

Jeudi , 04.01

**09:30 - 10:25**

*Zumba*  
Marion

**18:00 - 18:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Andrea

**19:00 - 19:55**

*Fitboxe*  
Karin

Vendredi , 05.01

**08:30 - 09:25**

*Over 50*  
Silvana

**09:35 - 10:30**

*Pilates*  
Silvana

**12:15 - 12:45**

*P.I.I.T*  
Claude

**17:50 - 18:45**

*Zumba*  
Marion

**19:00 - 19:55**

*Cycling*  
Ivo

Samedi , 06.01

**09:30 - 10:25**

*Yoga*  
Nevin

Dimanche , 07.01

**09:10 - 10:05**

*Cycling*  
Tanya

**10:30 - 11:25**

*Pump*  
Kurt