

Lundi , 31.07

09:15 - 10:10

BBP (Bauch, Beine, Po) / Bodytone
Severine

18:05 - 19:00

Pilates
Katalin

19:15 - 20:10

Zumba
Karina

20:25 - 21:20

Pump
Ursi

Mardi , 01.08

09:30 - 10:25

Pump
Team

Mercredi , 02.08

09:35 - 10:30

Rückenfit
Cordelia

19:00 - 19:55

Pump
Kurt

20:05 - 21:00

Yoga
Katalin

Jeudi , 03.08

09:30 - 10:25

Zumba
Marion

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
Patricia

19:00 - 19:55

Fitboxe
Petra

Vendredi , 04.08

08:30 - 09:25

Over 50
Monika

09:35 - 10:30

Pilates
Monika

12:15 - 12:45

P.I.I.T
Claude

17:50 - 18:45

Zumba
Marion

Samedi , 05.08

09:30 - 10:25

Yoga
Katalin

Dimanche , 06.08

10:30 - 11:25

Pump
Kurt