

**Lundi , 30.01**

**09:15 - 10:10**

*BBP (Bauch, Beine, Po) / Bodytone*  
Gabriela

**18:05 - 19:00**

*Pilates*  
Astrid

**19:15 - 20:10**

*Zumba*  
Petra

**20:25 - 21:20**

*Pump*  
Andreas

**Mardi , 31.01**

**09:10 - 10:05**

*Pump*  
Andreas

**10:15 - 11:10**

*Cycling*  
Antonietta

**12:10 - 13:05**

*Cycling*  
Walter

**18:00 - 18:30**

*P.I.I.T*  
Claude

**19:00 - 19:55**

*BBP (Bauch, Beine, Po) / Bodytone*  
Patricia

**20:00 - 20:55**

*Fitboxe*  
Petra

**Mercredi , 01.02**

**08:30 - 09:25**

*Cycling*  
Brigitta

**09:35 - 10:30**

*Rückenfit*  
Cordelia

**17:50 - 18:45**

*Powerstep*  
Petra

**19:00 - 19:55**

*Pump*  
Angelika

**20:05 - 21:00**

*Yoga*  
Nevin

**Jeudi , 02.02**

**09:30 - 10:25**

*Zumba*  
Marion

**18:00 - 18:55**

*BBP (Bauch, Beine, Po) / Bodytone*  
Andrea

**19:00 - 19:55**

*Fitboxe*  
Melanie

**Vendredi , 03.02**

**08:30 - 09:25**

*Over 50*  
Silvana

**09:35 - 10:30**

*Pilates*  
Silvana

**12:15 - 12:45**

*P.I.I.T*  
Claude

**17:50 - 18:45**

*Zumba*  
Andrea

**19:00 - 19:55**

*Cycling*  
Ivo

**Samedi , 04.02**

**09:30 - 10:25**

*Yoga*  
Nevin

**Dimanche , 05.02**

**09:10 - 10:05**

*Cycling*  
Ivo

**10:30 - 11:25**

*Pump*  
Andreas