

### Lundi , 12.12

<b>09:15 - 10:10</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Andrea	<b>18:05 - 19:00</b> <i>Pilates</i> Astrid	<b>19:15 - 20:10</b> <i>Zumba</i> Petra	<b>20:25 - 21:20</b> <i>Pump</i> Ursi
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### Mardi , 13.12

<b>09:10 - 10:05</b> <i>Pump</i> Ursi	<b>10:15 - 11:10</b> <i>Cycling</i> Tanya	<b>12:10 - 13:05</b> <i>Cycling</i> Walter	<b>18:00 - 18:30</b> <i>update Akademie P.I.I.T Release</i> Claude	<b>19:00 - 19:55</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Angelika	<b>20:05 - 21:00</b> <i>Fitboxe</i> Angelika
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### Mercredi , 14.12

<b>08:30 - 09:25</b> <i>Cycling</i> Brigitta	<b>09:35 - 10:30</b> <i>Rückenfit</i> Claudia	<b>17:50 - 18:45</b> <i>Powerstep</i> Petra	<b>19:00 - 19:55</b> <i>Pump</i> Ursi	<b>20:15 - 21:10</b> <i>Yoga</i> Nevin
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### Jeudi , 15.12

<b>09:30 - 10:25</b> <i>Zumba</i> Marion	<b>18:00 - 18:55</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Andrea	<b>19:10 - 20:05</b> <i>Fighttime 55'</i> Karin
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### Vendredi , 16.12

<b>08:30 - 09:25</b> <i>Over 50</i> Monika	<b>09:35 - 10:30</b> <i>Pilates</i> Monika	<b>12:15 - 12:45</b> <i>P.I.I.T</i> Janina	<b>17:50 - 18:45</b> <i>Zumba</i> Petra
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### Samedi , 17.12

<b>09:30 - 10:25</b> <i>Yoga</i> Nevin
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### Dimanche , 18.12

<b>10:30 - 11:25</b> <i>Pump</i> Andreas
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