

Lundi , 30.12

09:10 - 10:05

Zumba
Catherine

10:10 - 11:05

Fitboxe
Angelika

18:00 - 18:55

*BBP (Bauch, Beine,
Po) / Bodytone*
Jette

19:00 - 19:55

Power Yoga
Sandra

Mardi , 31.12

Mercredi , 01.01

09:10 - 10:05

Kick Power
Denise

10:10 - 11:05

Pump
Denise

Jeudi , 02.01

09:00 - 09:55

Power Yoga
Bettina

10:00 - 10:55

Pilates
Brigitte

18:00 - 18:55

Step'n Tone
Jette

19:00 - 19:30

Simply Core
Angelika

Vendredi , 03.01

09:10 - 09:55

Zumba
Deniz

10:10 - 11:05

Step'n Tone
Brigitte

Samedi , 04.01

Dimanche , 05.01