

**Lundi , 28.10**

**09:10 - 10:05**

*Zumba*  
Catherine

**10:10 - 11:05**

*Kick Power*  
Angelika

**18:00 - 18:55**

*BBP (Bauch, Beine,  
Po) / Bodytone*  
Jette

**19:00 - 19:55**

*Power Yoga*  
Sandra

**Mardi , 29.10**

**09:10 - 09:40**

*Simply Core*  
Angelika

**09:45 - 10:15**

*Simply Core*  
Angelika

**18:00 - 18:55**

*Functional Workout*  
André

**19:00 - 19:55**

*Pump*  
David

**Mercredi , 30.10**

**09:10 - 10:05**

*Fitboxe*  
Angelika

**10:10 - 11:05**

*Pump*  
Martha

**19:00 - 19:55**

*Zumba*  
Catherine

**Jeudi , 31.10**

**09:00 - 09:55**

*Power Yoga*  
Bettina

**10:00 - 10:55**

*Pilates*  
Brigitte

**18:00 - 18:55**

*Step'n Tone*  
Jette

**19:00 - 19:30**

*Simply Core*  
Angelika

**Vendredi , 01.11**

**10:10 - 11:05**

*Step'n Tone*  
Brigitte

**Samedi , 02.11**

**Dimanche , 03.11**