

**Lundi , 07.10**

**09:10 - 10:05**

*Zumba*  
Catherine

**10:10 - 11:05**

*Fitboxe*  
Angelika

**18:00 - 18:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Jette

**Mardi , 08.10**

**18:00 - 18:55**

*Functional Workout*  
André

**19:00 - 19:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Jette

**Mercredi , 09.10**

**09:10 - 10:05**

*Kick Power*  
Sally

**10:10 - 11:05**

*Pump*  
Sally

**19:00 - 19:55**

*Zumba*  
Catherine

**Jeudi , 10.10**

**09:00 - 09:55**

*Power Yoga*  
Bettina

**10:00 - 10:55**

*Pilates*  
Brigitte

**18:00 - 18:55**

*Step'n Tone*  
Jette

**19:00 - 19:55**

*Functional Workout*  
André

**Vendredi , 11.10**

**09:10 - 10:05**

*Zumba*  
Deniz

**10:10 - 11:05**

*Step'n Tone*  
Brigitte

**Samedi , 12.10**

**Dimanche , 13.10**