

Lundi , 01.07

09:10 - 10:05

Zumba
Catherine

10:10 - 11:05

Fitboxe
Angelika

18:00 - 18:55

*BBP (Bauch, Beine,
Po) / Bodytone*
Jette

19:00 - 19:55

Power Yoga
Sunethra

Mardi , 02.07

09:10 - 09:40

Pump i.t.
Denise

09:45 - 10:15

P.I.I.T
Denise

19:00 - 19:55

Pump
Denise

Mercredi , 03.07

09:10 - 10:05

Kick Power
Denise

10:10 - 11:05

Pump
Denise

19:00 - 19:55

Zumba
Catherine

Jeudi , 04.07

09:00 - 09:55

Power Yoga
Bettina

10:00 - 10:30

Simply Core
Angelika

18:00 - 18:55

Step'n Tone
Jette

Vendredi , 05.07

09:10 - 10:05

Zumba
Deniz

10:10 - 11:05

Zumba
Deniz

Samedi , 06.07

Dimanche , 07.07