

Lundi , 18.03

09:10 - 10:05

Zumba
Melinda

10:10 - 11:05

Kick Power
Angelika

18:00 - 18:55

*BBP (Bauch, Beine,
Po) / Bodytone*
Jette

19:00 - 19:55

Power Yoga
Sandra

Mardi , 19.03

09:10 - 09:40

Simply Core
Angelika

09:45 - 10:15

Simply Core
Angelika

19:00 - 19:55

Pump
Martha

Mercredi , 20.03

09:10 - 10:05

Fitboxe
Doris

10:10 - 11:05

Pump
Doris

19:00 - 19:55

Zumba
Melinda

Jeudi , 21.03

09:00 - 09:55

Power Yoga
Bettina

10:00 - 10:55

Pilates
Brigitte

18:00 - 18:55

Step'n Tone
Jette

19:00 - 19:30

Simply Core
Angelika

Vendredi , 22.03

09:10 - 10:05

Zumba
Deniz

10:10 - 11:05

Step'n Tone
Brigitte

Samedi , 23.03

Dimanche , 24.03