

Lundi , 04.03

09:10 - 10:05

Zumba
Melinda

10:10 - 11:05

Kick Power
Angelika

18:00 - 18:55

*BBP (Bauch, Beine,
Po) / Bodytone*
Brigitte

19:00 - 19:55

Power Yoga
Sandra

Mardi , 05.03

09:10 - 09:40

Simply Core
Angelika

09:45 - 10:15

Simply Core
Angelika

19:00 - 19:55

Pump
David

Mercredi , 06.03

09:10 - 10:05

Fitboxe
Angelika

10:10 - 11:05

Pump
Martha

19:00 - 19:55

Zumba
Melinda

Jeudi , 07.03

09:00 - 09:55

Power Yoga
Sandra

10:00 - 10:55

Pilates
Brigitte

18:00 - 18:55

Step'n Tone
Brigitte

19:00 - 19:30

Simply Core
Angelika

Vendredi , 08.03

09:10 - 10:05

Zumba
Deniz

10:10 - 11:05

Step'n Tone
Brigitte

Samedi , 09.03

Dimanche , 10.03