

Lundi , 12.02

09:10 - 10:05

Zumba
Melinda

10:10 - 11:05

Fitboxe
Angelika

18:00 - 18:55

*BBP (Bauch, Beine,
Po) / Bodytone*
Jette

19:00 - 19:55

Power Yoga
Sandra

Mardi , 13.02

09:10 - 09:40

Pump i.t.
Denise

09:45 - 10:15

P.I.I.T
Denise

19:00 - 19:55

Pump
Denise

Mercredi , 14.02

09:10 - 10:05

Kick Power
Sally

10:10 - 11:05

Pump
Sally

19:00 - 19:55

Zumba
Melinda

Jeudi , 15.02

09:00 - 09:55

Power Yoga
Bettina

10:00 - 10:55

Pilates
Brigitte

18:00 - 18:55

Step'n Tone
Jette

19:00 - 19:30

Simply Core
Angelika

Vendredi , 16.02

09:10 - 10:05

Zumba
Deniz

10:10 - 11:05

Step'n Tone
Brigitte

Samedi , 17.02

Dimanche , 18.02