

Lundi , 15.01

09:10 - 10:05

Zumba
Melinda

10:10 - 11:05

Fitboxe
Angelika

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Jette

Mardi , 16.01

09:10 - 09:40

Pump i.t.
Denise

09:45 - 10:15

P.I.I.T
Denise

18:00 - 18:55

Fitboxe
André

19:00 - 19:55

Pump
Martha

Mercredi , 17.01

09:10 - 10:05

Kick Power
Denise

10:10 - 11:05

Pump
Denise

19:00 - 19:55

Zumba
Karina

Jeudi , 18.01

09:00 - 09:55

Power Yoga
Bettina

10:00 - 10:55

Pilates
Brigitte

18:00 - 18:55

Step'n Tone
Jette

19:00 - 19:55

Fighttime 55'
Angelika

Vendredi , 19.01

09:10 - 10:05

Zumba
Deniz

10:10 - 11:05

Step'n Tone
Brigitte

18:30 - 19:25

Power Yoga
Sandra

Samedi , 20.01

Dimanche , 21.01