

Lundi , 08.01

09:10 - 10:05

Zumba
Melinda

10:15 - 11:10

Kick Power
Angelika

18:00 - 18:55

BBP (Bauch, Beine, Po) /
Bodytone
Jette

Mardi , 09.01

09:10 - 09:40

Pump i.t.
Denise

09:45 - 10:20

P.I.I.T
Denise

18:00 - 18:55

Fitboxe
André

19:00 - 19:55

Pump
Denise

Mercredi , 10.01

09:10 - 10:05

Fitboxe
Denise

10:10 - 11:05

Pump
Denise

19:00 - 19:55

Zumba
Melinda

Jeudi , 11.01

09:00 - 09:55

Power Yoga
Bettina

10:00 - 10:55

Pilates
Brigitte

18:00 - 18:55

Step'n Tone
Jette

19:00 - 19:55

Fighttime 55'
Angelika

Vendredi , 12.01

10:10 - 11:05

Step'n Tone
Brigitte

18:30 - 19:25

Power Yoga
Sandra

Samedi , 13.01

Dimanche , 14.01