

**Lundi , 18.12**

<b>09:10 - 10:05</b> <i>Zumba</i> Melinda	<b>10:10 - 11:05</b> <i>Fitboxe</i> Angelika	<b>18:00 - 18:55</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Jette
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**Mardi , 19.12**

<b>09:10 - 09:40</b> <i>Pump i.t.</i> Denise	<b>09:45 - 10:15</b> <i>P.I.I.T</i> Denise	<b>18:00 - 18:55</b> <i>Fitboxe</i> André	<b>19:00 - 19:55</b> <i>Pump</i> Martha
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**Mercredi , 20.12**

<b>09:10 - 10:05</b> <i>Kick Power</i> Denise	<b>10:10 - 11:05</b> <i>Pump</i> Denise	<b>19:00 - 19:55</b> <i>Zumba</i> Melinda
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**Jeudi , 21.12**

<b>09:00 - 09:55</b> <i>Power Yoga</i> Bettina	<b>10:00 - 10:55</b> <i>Pilates</i> Brigitte	<b>18:00 - 18:55</b> <i>Step'n Tone</i> Jette	<b>19:00 - 19:55</b> <i>Fighttime 55'</i> Angelika
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**Vendredi , 22.12**

<b>09:10 - 10:05</b> <i>Zumba</i> Deniz	<b>10:10 - 11:05</b> <i>Step'n Tone</i> Brigitte	<b>18:30 - 19:25</b> <i>Power Yoga</i> Sandra
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**Samedi , 23.12**

**Dimanche , 24.12**