

**Lundi , 11.12**

**09:10 - 10:05**

*Zumba*  
Melinda

**10:10 - 11:05**

*Kick Power*  
Angelika

**18:00 - 18:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Jette

**Mardi , 12.12**

**09:10 - 09:40**

*Pump i.t.*  
Doris

**09:45 - 10:15**

*P.I.I.T*  
Doris

**18:00 - 18:55**

*Fitboxe*  
André

**19:00 - 19:55**

*Pump*  
Martha

**Mercredi , 13.12**

**09:10 - 10:05**

*Fitboxe*  
Doris

**10:10 - 11:05**

*Pump*  
Doris

**19:00 - 19:55**

*Zumba*  
Melinda

**Jeudi , 14.12**

**09:00 - 09:55**

*Power Yoga*  
Bettina

**10:00 - 10:55**

*Pilates*  
Brigitte

**18:00 - 18:55**

*Step'n Tone*  
Jette

**19:00 - 19:55**

*Fighttime 55'*  
Angelika

**Vendredi , 15.12**

**09:10 - 10:05**

*Zumba*  
Deniz

**10:10 - 11:05**

*Step'n Tone*  
Brigitte

**18:30 - 19:25**

*Power Yoga*  
Sandra

**Samedi , 16.12**

**Dimanche , 17.12**