

Lundi , 09.10

09:10 - 10:05

Zumba
Melinda

10:10 - 11:05

Fitboxe
Angelika

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Jette

Mardi , 10.10

18:00 - 18:55

Fitboxe
André

19:00 - 19:55

Pump
Martha

Mercredi , 11.10

09:10 - 10:05

Kick Power
Sally

10:10 - 11:05

Pump
Sally

19:00 - 19:55

Zumba
Melinda

Jeudi , 12.10

09:00 - 09:55

Power Yoga
Sandra

10:00 - 10:55

Pilates
Brigitte

18:00 - 18:55

Step'n Tone
Jette

19:00 - 19:55

Fighttime 55'
Angelika

Vendredi , 13.10

09:10 - 10:05

Zumba
Deniz

10:10 - 11:05

Step'n Tone
Brigitte

18:30 - 19:25

Power Yoga
Sandra

Samedi , 14.10

Dimanche , 15.10