

Lundi , 14.11

09:10 - 10:05

Zumba
Melinda

10:15 - 11:10

Kick Power
Angelika

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Jette

Mardi , 15.11

09:10 - 09:40

Pump i.t.
Denise

09:50 - 10:20

P.I.I.T
Denise

18:00 - 18:55

Fitboxe
André

19:00 - 19:55

Pump
Martha

Mercredi , 16.11

09:10 - 10:05

Fighttime 55'
Denise

10:15 - 11:10

Pump
Denise

19:00 - 19:55

Zumba
Melinda

Jeudi , 17.11

09:00 - 09:55

Power Yoga
Bettina

10:05 - 11:00

Pilates
Brigitte

Vendredi , 18.11

09:10 - 09:55

Zumba
Deniz

10:05 - 11:00

Step'n Tone
Brigitte

Samedi , 19.11

Dimanche , 20.11