

Lundi , 07.11

10:15 - 11:10

Fitboxe
Angelika

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Jette

Mardi , 08.11

09:10 - 09:40

Pump i.t.
Denise

09:50 - 10:20

P.I.I.T
Denise

18:00 - 18:55

Fitboxe
André

19:00 - 19:55

Pump
Denise

Mercredi , 09.11

09:10 - 10:05

Fighttime 55'
Angelika

10:15 - 11:10

Pump
Denise

19:00 - 19:55

Zumba
Deniz

Jeudi , 10.11

09:00 - 09:55

Power Yoga
Bettina

10:05 - 11:00

Pilates
Brigitte

Vendredi , 11.11

09:10 - 09:55

Zumba
Deniz

10:05 - 11:00

Step'n Tone
Brigitte

Samedi , 12.11

Dimanche , 13.11