

Lundi , 03.10

09:10 - 10:05

Zumba
Melinda

10:15 - 11:10

Kick Power
Angelika

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Jette

Mardi , 04.10

09:10 - 09:40

Pump i.t.
Sally

09:50 - 10:20

P.I.I.T
Sally

18:00 - 18:55

Fitboxe
André

19:00 - 19:55

Pump
Martha

Mercredi , 05.10

09:10 - 10:05

Fighttime
Sally

10:15 - 11:10

Pump
Sally

19:00 - 19:55

Zumba
Melinda

Jeudi , 06.10

09:00 - 09:55

Power Yoga
Sandra

10:05 - 11:00

Pilates
Brigitte

Vendredi , 07.10

09:10 - 09:55

Zumba
Catherine

10:05 - 11:00

Step'n Tone
Brigitte

Samedi , 08.10

Dimanche , 09.10